

June 2023

Proposed Exercise Concession Schedule – Typical Summer Week

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5	6	7	8	9	10
6 a.m. Yoga (Beach - Garfield)	6 a.m. Yoga (Beach - Garfield)	6 a.m. Yoga (Beach - Garfield)	6 a.m. Yoga (Beach - Garfield)	6 a.m. Yoga (Beach - Garfield)	6 a.m. Yoga (Beach - Garfield)	6 a.m. Yoga (Beach - Garfield)
7 a.m. Yoga (Beach - Central)	7 a.m. Yoga (Beach - Central)	7 a.m. Yoga (Beach - Central)	7 a.m. Yoga (Beach - Central)	7 a.m. Yoga (Beach - Central)	7 a.m. Yoga (Beach - Central)	7 a.m. Yoga (Beach - Central)
		7 a.m. Boot Camp (Beach - Parkwood)			7 a.m. Boot Camp (Beach - Parkwood)	7 a.m. Total Body (Park)
	8 a.m. Boot Camp (Beach - Garfield)	8 a.m. Pilates (Beach - Garfield)	8 a.m. Pilates (Beach - Garfield)	8 a.m. Boot Camp (Beach - Garfield)	8 a.m. Pilates (Beach - Garfield)	8 a.m. Boot Camp (Beach - Garfield)
	8 a.m. Total Body (Park)		8 a.m. Total Body (Park)			8 a.m. Pilates (Park)
11	12	13	14	15	16	17
18	19	20	21	22	23	24